

## Second Grade Health

<http://www.sad44.org/curriculum/health/health.pdf>

### *Emotional Well-being and Interpersonal Relationships*

|  | Quarter 1  | Quarter 2   | Quarter 3   | Quarter 4 |
|--|--|---|---|-----------|
| <b>Unit (order will vary; may be on-going)</b> | <b>Being Healthy</b>   | <b>Healthy Choices</b>  | <b>Emotional Health And Communication</b>   |           |
| <b>Strands</b>                                 | Heath Concepts (A)   | <b>Influences on Health (D)</b>   | Health Promotion and Risk Reduction (C)<br><b>Communication Skills (E)</b>  |           |
|  | <a href="http://www.state.me.us/education/lres/hpe.htm">http://www.state.me.us/education/lres/hpe.htm</a>  |   |   |           |
| <b>Activities</b>                              | Nutrition unit<br>Dental health<br>Guest speaker from dentist office<br>Sketch a picture   | Identify ads in magazines; TV commercials<br>Vacuum cleaner experiment w/ cigarettes<br>Good Smell, Bad Smell | Guided discussion of coping strategies<br>Role play appropriate responses<br>"I messages"   |           |
| <b>Assessments</b>                             | Teacher made   | <b>Surgeon General's Warning (Local)</b><br>D1  | <b><i>What Do You Say When?</i> (MAP) E1</b><br><a href="http://www.maptasks.org">http://www.maptasks.org</a><br>Decisions, Decisions |           |
| <b>Vocabulary</b>                              | Food pyramid<br>Floss is the Boss<br>Jaw model<br><i>Weekly Reader</i><br><i>No Tooth, No Quarter</i><br>Food pyramid  | Health warnings<br>Media  | Frustrated<br>I statements<br>Tone of voice<br>Wants<br>Feelings<br>Responsibility  |           |
| <b>Resources</b>                               | School Nurse<br>Bus Safety<br>Poison Prevention<br>Fire Safety<br>Bike Safety  | Tobacco Free Maine<br>Samantha Skunk<br>Great American<br>Smokeout  | Guidance  |           |
|  | <p><a href="http://www.ceismc.gatech.edu/busyt/eng.shtml">http://www.ceismc.gatech.edu/busyt/eng.shtml</a> This site allows you to search by grade spans and a list of lessons will come up.</p> <p><a href="http://www.pecentral.org/lessonideas/health/healthlp.asp">http://www.pecentral.org/lessonideas/health/healthlp.asp</a> Gives you lots of different options into how you want to search.</p> |   |   |           |